

Menu

WATERSIDE CLASSICS

CAIPIRINHA

LEBLON CACHACA, LIME, CANE SUGAR SYRUP
9

LIME DAIQUIRI

HANDSHAKEN, LIME JUICE, FLOR DE CANHA RUM, LIME WHEEL
7

MARGARITA

SAUZA BLUE TEQUILA, FRESH LIME JUICE, TRIPLE SEC, SALT RIM
12

DARK & STORMY

MEYER'S DARK RUM, GINGER BEER, LIME WHEEL
8

MOSCOW MULE

NEW AMSTERDAM VODKA, LIME JUICE, SIMPLE, GINGER BEER
9

BAHAMA MARY

SOLTI JALAPENO VODKA, HORSERADISH, DILL PICKLE, BACON
10

MOJITO

FLOR DE CANA RUM, LIME JUICE, SIMPLE
8

FROZEN LEMONADE

KICKED UP WITH RUM (MANGO, PINEAPPLE, COCONUT OR 151)
7

POOLSIDE CREATIONS

THE MER

MERMAID VODKA, LIME JUICE, BLUE CURACAO, CRANBERRY JUICE
7

ST GERMAINE SPRITZ

ST GERMAINE LIQUEUR, PROSECCO, SPLASH OF SODA
8

FUEGOARITA

MEZCAL, TEQUILA, JALAPENO SIMPLE, FRESH LIME JUICE, ORANGE JUICE, TRES AMIGOS BITTERS, SPICED SALT RIM,
9

PINEAPPLE COCONUT MOJITO

MALIBU RUM, FRESH LIME JUICE, MINT, PINEAPPLE PUREE, PINEAPPLE LEAF GARNISH
8

CREATIONS

ASK ABOUT OUR EVER CHANGING DRINK SPECIAL.
MP

DREAMCICLE

ORANGE VODKA, 1/2 & 1/2, ORANGE SODA
10

FROZEN FAVORITES

ISLAND OASIS CREATIONS

BANANA, PINA COLADA, STRAWBERRY, MANGO, PEACH, MARGARITA, DAIQUIRI, ICE CREAM
8

VINE TO WINE

HOUSE CHARDONNAY

CALIFORNIA, USA
7

SAUVIGNON BLANC, WHITEHAVEN

MARLBOROUGH, NZ
9

PINO GRIGIO, MASO CANALI

TRENTINO, IT
8

ROSE, FLEUR DE MER

COTES DE PROVENCE, FR
10

HOUSE CABERNET

CALIFORNIA, USA
7

PINOT NOIR, PONZI

WILLIMETTE VALLEY, OREGON, USA
11

OUR DRAFTS, CRAFTS, & CIDERS

please ask your servers for our two rotating draft selections

BUD LIGHT (DRAFT)

BUD LIGHT

MICH ULTRA

CORONA LIGHT

GUINNESS

JAI ALAI (DRAFT)

STELLA

COORS LIGHT

MILLER LIGHT

WHITE CLAW VARIETIES

BUDWEISER

HEINEKEN

CORONA

YEUNG LING

ANGY ORCHARD CIDER

Menu



ENDLESS SUMMER SALADS

add a grilled or blackened protein: chicken 4, shrimp or salmon 6, tuna 7, grouper 8

Koquina Salad 14

chicken salad, tuna salad, field greens,
tomatoes, cucumbers, onions, toasted pita,
balsamic glaze

The Garden 8

baby greens, onions, cherry tomatoes,
cucumbers, carrots, choice dressing

Island Cobb 15

romaine lettuce, shrimp, bacon, spiced mango,
grilled pineapple, queso fresco, avocado
choice dressing

Caesar 8

crisp romaine, parmesan, croutons,
caesar dressing

Reggae Beets Salad 10

roasted red & gold beets, mixed greens, spiced mango, goat cheese,
sweet glazed pecans, citrus-golden balsamic vinaigrette

TO SHARE...MAYBE

Seared Yellowfin Poke 12

ahi tuna, avocado, grilled pineapple, cucumber,
sesame ponzu sauce, scallion, sesame seeds,
wonton crisps

Pretzel Gigante 10

salt dusted, warm queso & pub mustard sauce

Key West Conch Fritters 8

citrus remoulade & guava cocktail sauce

Bahama Bar Wings 14

10 wings, buffalo, mango BBQ, Jamaican jerk,
or sunset dry rub, celery, carrots
ranch or blue cheese dressing

Coconut Crusted Shrimp 15

crispy coconut shrimp, horseradish marmalade

FLATBREADS

Hawaiian Flatbread 13

fresh mozzarella,
grilled chicken, ham, pineapple,
scallion, sweet chili drizzle

Three Little Pigs 13

pepperoni, bacon, ham,
provolone, san marzano tomatoes

Chèvre Margherita 12

goat cheese, fresh mozzarella,
basil, san marzano tomatoes,
balsamic drizzle

GET A GRIP

choice of: french fries, sweet potato fries, coleslaw, seasoned black beans, or fruit. Add 2 for onion rings

Atlantis Club 12

roast turkey, ham, bacon, swiss, lettuce,
tomato, red onion & mayonnaise,
toasted whole grain bread

"Ten" Thousand Island Pastrami 12

pastrami, swiss cheese, island style slaw,
10,000 Island dressing, griddled marble rye

Gulf Grouper Sandwich 16

crispy, blackened or grilled, citrus remoulade,
LTO, toasted brioche bun

Bahama Bar Burger 13

grilled ½ lb. short rib- brisket patty, LTO,
choice of cheese, Brioche Bun
(vegetarian Beyond Patty available)
— French Fries —

* all handhelds can be made with gluten free bread *

SOUTH OF THE BORDER

Pulled Pork Nachos 12

corn tortillas, shredded pork,
black beans, queso, pickled
jalapenos, pico de gallo,
shredded cheese, sour cream

Trinidad Tacos

island style slaw, queso
fresco, mango salsa,
avocado-lime crema
— pulled pork or chicken 12,
shrimp 13, grouper 16 —

Chicken Quesadilla 12

chicken, cheese blend,
caramelized onions, bell
peppers, salsa, sour cream,
guacamole

DESSERTS

Choco Taco 3

Ice Cream Cookie 3

Individual Key Lime Pie 5

consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness

TOASTED

SNACK MENU

Snacks, Sweets & Such

DOUBLE CHOCOLATE COOKIE	\$3
ASSORTED CHOCOLATE BARS	\$2.25
SKITTLES	\$2
STARBURST	\$4
TERRA CHIPS	\$2
MISS VICKIES CHIPS	\$1.5
SABRA HUMMUS / GUACAMOLE	\$4
KIND BARS	\$2.5
NATURE VALLEY BARS	\$1
NUT HARVEST	\$2.5
WHOLE FRUIT	\$1.25
ASSORTED GREEK YOGURTS	\$2.5
GELATO (1 SCOOP / 2 SCOOPS) <i>Caramel Sea Salt, Pistachio, Nutella, Vanilla, Mango</i>	\$3/5

Beverages

PELLEGRINO / PANA WATER	\$2.5
NAKED JUICE VARIETIES <i>Strawberry & Banana, Mighty Mango</i>	\$4
ASSORTED SODA <i>Coke, Diet Coke, Sprite, Ginger Ale</i>	\$1.5
ILLY COLD COFFEE RTD <i>Latte, Cappuccino</i>	\$4
FLORIDA'S NATURAL <i>Apple, Orange</i>	\$3
MILK <i>Regular, Chocolate</i>	\$2
COCONUT WATER	\$4
KOMBUCHA	\$4

TOASTED

LUNCH MENU

Sandwiches, Salads, Soups & Such

POSTO

Prosciutto, Mozzarella, Arugula, Pesto Mayo, Balsamic Drizzle, Ciabatta Bread

\$10

TSA

Turkey, Swiss Cheese, Avocado, Tomatoes, Spring Mix, Truffle Aioli, Sprouted Wheat Bread

\$9

YOU'RE A HAM

Sliced Ham, Cheddar Cheese, Tomatoes, Spring Mix, Dijon Mustard, Mayo, Bagel

\$9

THE TENDER CLUCK

Sous Vide Chicken Breast, Goat Cheese, Arugula, Onion & Bacon Jam, Ciabatta Bread

\$9

CHICKEN OF THE SEA

Tuna Fish Salad, Tomatoes, Spring Mix, Croissant

\$8

ARUGULA SALAD

Arugula, Cherry Tomatoes, Sliced Almonds, Dried Cranberries, Shaved Parmesan, Choice of Dressing

\$7

MIXED EMOTIONS

Mixed Greens, Cherry Tomatoes, Avocado, Goat Cheese, Pecans, Choice of Dressing

\$9

SOUP DE JOUR

Soup of the day

\$5

GELATO (1 SCOOP / 2 SCOOPS)

Caramel Sea Salt, Pistachio, Nutella, Vanilla, Mango

\$3/5

Beverages

PELLEGRINO / PANA WATER

\$2.5

NAKED JUICE VARIETIES

Strawberry & Banana, Mighty Mango

\$4

ASSORTED SODA

Coke, Diet Coke, Sprite, Ginger Ale

\$1.5

ILLY COLD COFFEE RTD

Latte, Cappuccino

\$4

ILLY COLD BREW

\$5

FLORIDA'S NATURAL

Apple, Orange

\$3

MILK

Regular, Chocolate

\$2

COCONUT WATER

\$4

KOMBUCHA

\$4

HOUSE MADE SMOOTHIES

Oh Kale Yeah / Tropical Twist / Orange Dream / Morning Sunrise

\$6

Protein Powder 2 / Greens Blend 2 / Peanut Butter Powder 2

TOASTED

BREAKFAST MENU

Morning Grub

BREAKFAST SANDWICH <i>Make it your own with a choice of Egg, Bread, Protein, Cheese</i>	\$4
CROISSANT <i>Regular, Chocolate</i>	\$2.25
MUFFIN <i>Apple Pie, Banana Nut, Blueberry</i>	\$3
EGG WHITE FRITTATA BITES <i>Egg Whites, Red Pepper, Green Pepper, Onion, Monterey Jack Cheese</i>	\$4
DANISH <i>Maple Walnut, Apple, Raspberry, Cheese</i>	\$8
BAGEL <i>Plain, Whole Wheat, Blueberry</i>	\$2

Smoothies

<i>Protein Powder 2 / Green Blend 2 / Peanut Butter Powder 2</i>	
TROPICAL TWIST <i>Mango, Banana, Pineapple, Apple Juice, Vanilla Greek Yogurt, Honey</i>	\$6
THE ORANGE DREAM <i>Orange Juice, Apple Juice, Banana, Pineapple, Mango, Vanilla Greek Yogurt</i>	\$6
OH KALE YEAH <i>Avocado, Kale, Spinach, Pineapple, Mango, Banana, Apple Juice</i>	\$6
MORNING SUNSHINE <i>Strawberries, Mixed Berries, Spinach, Apple Juice, Vanilla Greek Yogurt, Honey</i>	\$6

Beverages

ILLY COFFEE <i>12 oz / 16 oz</i>	\$2/2.5
ILLY COLD COFFEE RTD <i>Latte, Cappuccino</i>	\$4
ESPRESSO <i>Single, Double</i>	\$2/2.75
AMERICANO / FLAT WHITE	\$2.75
LATTE / CAPPUCCINO	\$2.75
ILLY COLD BREW	\$5
PELLEGRINO / PANA WATER	\$2.5
NAKED JUICE VARIETIES <i>Strawberry & Banana, Mighty Mango</i>	\$4
ASSORTED SODA <i>Coke, Diet Coke, Sprite, Ginger Ale</i>	\$1.5
JUICE <i>Apple, Orange</i>	\$3
MILK <i>Regular, Chocolate</i>	\$2
COCONUT WATER	\$4
KOMBUCHA	\$4
DAMMANN TEA SELECTION <i>12 oz / 16 oz</i>	\$2.5